

## Skimming Activities

### Introducing a new textbook

Allow students time to savour the enjoyment of a new book when they get it for the first time. For example students could:

- Look at the cover and discuss impressions
- Examine the title
- Who wrote the book?
- Who illustrated the book?
- Who printed it?
- Contents page: do some exercises where the students have to check how many chapters/sections are in the book
- Find topics within sections of the book
- Find a chapter
- What page is \_\_\_\_\_ on?
- Talk about what's in the book.

Skimming is a useful technique for students to learn, particularly students with reading difficulties, as they, more than any other students, generally believe that they have to read every word in order to read successfully.

**Give the students time to have a good look  
around the book**

**Discuss how long it will be used for  
Look at the illustrations, again giving some  
focused exercises**

We use this reading technique all the time. It is an essential reading skill – an essential guide for adult life