

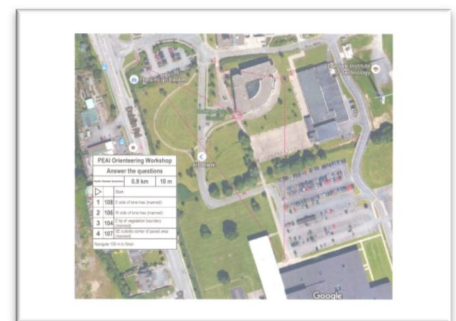
## Street Orienteering Workshop

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### • Creating School or Neighbourhood Maps

- Street Orienteering map with [www.oomaps.co.uk](http://www.oomaps.co.uk) (Ireland)
- Aerial map with Google Maps – capture screenshot (Ctrl/Prt Sc) save as jpeg
- Google Street (screenshot as above)
- OCad for specific school or park land map
- Use Purplepen to include control sites onto map (<http://purplepen.golde.org/default.htm>)

*Note = when creating a street orienteering map its useful to have google street view open to assist in visual survey. However there is no substitution for travelling the ground for accurate surveying.*



### 1. Cross Country – SI Dibber Event

#### a. Standard cross country event control 1 to 2 to 3 etc.

- Electronic SportIdent (SI) Dibbers. Use SI Printer download box for instant results.
- Traditional punches. Clock for timing.
- Record Code. – (Literacy or Numeracy Exercise)

### 2. Skill Relay 1 - Control Description (4 teams = birthday line-up)

### 3. Health Related Orienteering

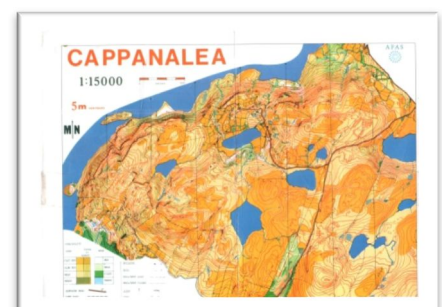
#### a. Cross Country event with health related questions to be answered.

- Questions only answer from previously gleaned knowledge and understanding
- Match questions and answers

### 4. Skills Relay 2 – Map Memory (4 teams = first names line-up)

### 5. IOrienteering – Score Event with Smartphone Technology

- Create course on [www.iorienteering.com](http://www.iorienteering.com)
- Print out QR codes for course.



## 6 Week - Exemplar Orienteering Scheme of Work for Teachers

- **Week 1**

- Warm-up NSEW
- Setting a Map
- Map Drawing
- Thumbing Exercise (16 cones)

- **Week 2**

- Warm-up Map Symbols
- Relay – Map Symbols
- Line Event – Plot Controls

- **Week 3**

- Warm-up - LnT Exercise
- Scale / Estimating Distance
- Setting Out Controls
- Star Orienteering Event

- **Week 4**

- Warm-up – Photo Set
- Photo Orienteering
- Plot Route on Map

- **Week 5**

- Warm-up Control Descriptions
- Placing Controls
- Cross Country Event

- **Week 6**

- Warm-up
- Organising Cross Country Event(s)
- Explanation of SportIdent System