

Primary Physical Education



Move Well, Move Often Developing the Physically Literate Child through Fundamental Movement Skills **SEMINAR 2**

The PDST are delighted to announce that the second phase of training in Physical Literacy will be taking place from April to June 2018. This seminar will revisit the concept of physical literacy explored in Seminar 1, and will focus on developing the stability skills of Landing and Balancing through the Gymnastics and Dance strands. The wide range of activities, supplementary support materials and templates for planning and assessment that are presented in our comprehensive resource and online at www.scoilnet.ie/pdst/physlit will also be explored on the day.

You are invited to nominate two teachers from your school to attend. It is not necessary to have attended Seminar 1 in order to attend Seminar 2 – all welcome! Attendees will need to be suitably dressed to participate in activities. The Department of Education and Skills will provide substitute cover where required. Each teacher attending will receive a set of newly developed posters as part of our Move Well, Move Often resource pack.



To book your place on the course visit www.pdst.ie/onlinebooking

Please note: Schools who attended Seminar 1 last year will need to bring the “Move Well, Move Often” resource pack distributed on the day.

Schools wishing to attend Seminar 2 who did not attend Seminar 1 and therefore may not have the Move Well, Move Often resource pack, will need to order this FREE resource by emailing kathycampbell@pdst.ie. Please include your school name, roll number, phone number and delivery address and a free pack will be issued to you at a small postage fee.