

# 'It Takes Two Baby'



**Maynooth University**  
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Team Teaching.....for Colleagues

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## 'Proper Preparation Prevents Piddling Performance'

As part of our SPHE methodology assessment in PME year 1, we had to conduct a lesson for our fellow colleagues. Initially we found the task very daunting but the outcome of this experience was very beneficial. We began by choosing the topic 'Relationships in my Life' and then discussed a wide range of methodologies and creative ideas to create an interactive and worthwhile experience for our class group. We combined many ideas and teaching strategies that we were already using in placement and we found this particularly helpful when forming the lesson plan. We found planning the lesson time consuming but we were aware of the importance of detail and communication when preparing for team-teaching. Sharing and discussing our teaching and learning ideas and strategies helped us with our own teaching practice and opened our eyes to endless possibilities!

## Team Teaching for Colleagues

Team teaching for colleagues was a completely different experience from what we were used to in placement. We were worried about how the lesson would be shared and whether the transition from one teacher to the other would be smooth or bumpy. After we planned the lesson and decided on activities for the class, we discussed the flow of the lesson and how we should share the learning outcomes and activities throughout. The lesson was divided fairly and it allowed one teacher to present the learning objective while the other teacher set up the following activity. Having an extra pair of eyes, hands and ears was a great experience as it was possible to discuss activity work with all pairs and groups during tasks and to ensure all colleagues were acknowledged throughout the lesson. Sufficient planning really was key to the success of our team teaching experience.

**THE PLANNED LESSON**

JANE WADE AND JESSICA REILLY LESSON PLAN & WORKSHEETS

**SPHE Lesson Plan**

Class Name: SPHE Year 1  
Time: 2:00-4:00pm  
Date: 21/04/2016  
Subject: SPHE  
Number of Pupils in Class: 9  
SEN Issues: N/A

Topic: Relationships and Sexuality: The People in My Life  
Prior Knowledge: The students covered this topic in previous modules in first year that appropriate to their age. Now, they will go on to learn more about the people in their lives a greater detail.

Resources: Lesson Plan, Whiteboard markers, Post-its, Powerpoint presentation, worksheets, coloured markers

Intended Learning Outcomes: Students should be able to:  
LO1: Explain how relationships can change over time  
LO2: Identify what a healthy relationship is  
LO3: Reflect on and respond to healthy and unhealthy relationship scenarios

Resources for beginning: call register, pupils get books, copies, journals on desk.  
Resources for ending: Take down HW, put away books etc, tidy up your chair, line up at door.

Topic	Student Activity	Teacher Activity
Introduction	The students will complete a short exercise called 'Relationships in My Life' where they will each receive a postcard and write down what is important to them in a relationship prior to any information being given by the teacher. After writing this down, they will come up to the board and stick their postcard onto a previously prepared Powerpoint presentation.	The teacher will open the Powerpoint presentation and simply tell the students to write their opinions on what was important to them in a relationship. Be it a family relationship, a friendship or a romantic one. The teacher will look upon the points given in the postcards and establish a conversation based on the results.
(LO1)	Students will complete another exercise called 'Back to the Future' where they will be given a worksheet that they will complete individually as they imagine their lives in 10 years. They will then discuss their responses with their partner and give their partner a response based on what they have written. The teacher will then give a response based on what they have written.	The teacher will hand out the worksheets and allow students to complete them individually as they imagine their lives in 10 years. They will then discuss their responses with their partner and give their partner a response based on what they have written. The teacher will then give a response based on what they have written.
(LO2)	Students will be given a worksheet that they will complete individually as they imagine their lives in 10 years. They will then discuss their responses with their partner and give their partner a response based on what they have written. The teacher will then give a response based on what they have written.	The teacher will hand out the worksheets and allow students to complete them individually as they imagine their lives in 10 years. They will then discuss their responses with their partner and give their partner a response based on what they have written. The teacher will then give a response based on what they have written.
Conclusion	Students will write a letter titled 'You mean the World to me' and write it to the person that means the most to them.	The teacher will allow students to write their letters and will then read some of them out loud.

**Two heads are better than one....**

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**Family Ties**

I am thinking of leaving home. My mum is fighting all the time and my younger brother is too young to understand what is going on. I've got exams coming up and homework to do. I can't get on so well with my mum but all she does is cry and cry.... What can I do??

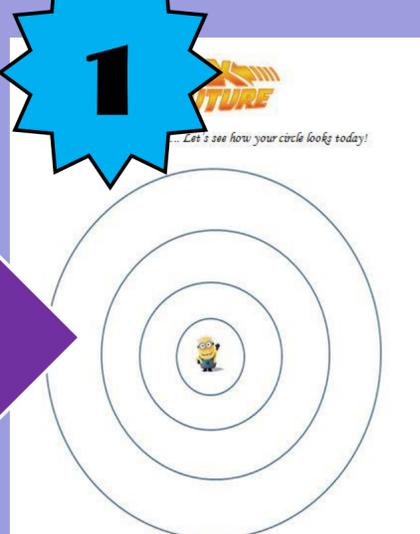
From Sarah

**Questions**

What has happened to the family relationship here?

What can Sarah do to help mend the relationship with her mum?

**1**



**LECTURE ACTIVITIES**

**2**

Having fun times together	Being a good listener	Standing up for someone
Understanding	Helping	Not keeping a secret
Having other friends	Dominating conversation	Complaining
Moved to another class	Trusting	Similar interests
Not getting in touch	Putting you down	Being very successful
Making time	Disloyal	Compassionate
		Forgetting important events

**Emotions**

**'Together We Achieve More'**



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