

FIRST AND SECOND CLASSES – MYSELF

Teacher Guidelines:

- Pp. 117-122

Linkages:

- Living Things - Plants and animals, Myself
- Environmental awareness and care
- Sound: Environmental sounds. Identify animal or everyday sounds
- Light: how we see
- Materials: Properties & characteristics of food & clothing

Integration:

- Oral Language Development – English and Gaeilge
- SPHE: Food & Nutrition Exemplar 1 T.G. p.43
- SPHE: Food & Nutrition Exemplar 14 T.G. p.77
- SPHE: Aware of world ...using senses Exemplar 26 T.G. p.95
- History: Myself Exemplar 5. T.G. p.58
- P.E. Health related fitness
- Music: Sounds in the environment
- Visual Arts: Hand / foot prints
- Maths: Measurement

FIRST AND SECOND CLASSES – MYSELF

Content Objective:

- **NAME AND IDENTIFY EXTERNAL PARTS OF THE MALE AND FEMALE BODY AND THEIR ASSOCIATED FUNCTIONS OR SENSES**

Some suggested activities:

- Use cut outs or pictures of human body parts and stick onto torso.
- Draw body parts onto outline of torso
- Child picks body part e.g. nose. Rest of class ask questions to find out what she has chosen e.g. Do you use it to see? etc.

FIRST AND SECOND CLASSES – MYSELF

Content Objective:

- **BECOME AWARE OF THE ROLE OF EACH SENSE IN DETECTING INFORMATION ABOUT THE ENVIRONMENT AND IN PROTECTING THE BODY**

Some suggested activities:

- Initiating observations in the outdoor environment. Exemplar 11 T.G. p.62
- Touch: Identify and sort various coins while blindfolded
- Describe leaves, seeds etc only referring to how they feel
- Feely bag: working in small groups children describe and guess contents
- Smell: Favourite smells. Least favourite smells
- Smells associated with places, home, holidays and certain times of the year
- Compare smells inside and outside classroom, same/different
- **Sight:** Time how long it takes to put 10 unifix cubes together with eyes open, eyes closed and using only fingers no thumbs
- **Taste:** Children close eyes and pinch nose. Teacher places chocolate button on their tongue. Describe/identify what they are tasting.
- Tasting activity with various fruits
- Tasting game. Eyes closed smell an apple and a potato, taste, identify
- **Hearing:** Eyes closed identify 3 sounds within the classroom and 3 outside
- Identify environmental sounds from tapes
- Explore toys/materials that make sounds

Some suggested investigations:

- Can you identify food using the sense of taste only?

FIRST AND SECOND CLASSES – MYSELF

Content Objective:

- **RECOGNISE AND/OR MEASURE PHYSICAL SIMILARITIES AND DIFFERENCES BETWEEN INDIVIDUALS**

Height, colour of hair, eye colour.

Design and make a measuring chart of heights, including a pointer to show and record heights.

Some suggested activities:

- Measure heights/shoe sizes
- Record differences in eye/hair colour
- Children put coloured stickers on bony point on shoulder, elbow, wrist, hip, knee, ankle. Measure distances between stickers.

Some suggested investigations:

- Is upper arm longer than lower arm?
- Do taller people always have longer arms than shorter people? etc the warmest/coldest places in the school?
- Are all children square? Measure, record and compare results
- Investigate patterns in finger prints

Some suggested designing and making:

- A measuring chart

FIRST AND SECOND CLASSES – MYSELF

Content Objective:

- **RECOGNISE THAT ALL LIVING THINGS GROW AND CHANGE**

Some suggested activities:

- Compare and contrast pictures of babies/toddlers/ children/teenagers/adults
- Sequence pictures showing life cycles in plants and animals
- Observe and record growth in plants through the seasons

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Content Objective:

- **RECOGNISE THAT PHYSICAL GROWTH HAS TAKEN PLACE SINCE BIRTH**

*differences between milk teeth and permanent teeth
physical size in a range of abilities*

Some suggested activities:

- Record clothes, toys outgrown
- Observe & discuss photos from each birthday/Christmas etc.
- Timeline of photos
- Discuss things they couldn't do/reach when they were younger
- Sequence photographs / pictures of children/teenagers/adults at various stages
- Study teeth using small plastic mirror.
- Use tongue to count number of different teeth

FIRST AND SECOND CLASSES – MYSELF

Content Objective:

- **IDENTIFY SOME REQUIREMENTS FOR GROWTH AND DEVELOPMENT IN THE HUMAN**

food, sleep, exercise

Some suggested activities:

- Picture diary of healthy food
- Develop awareness of food pyramid
- Compare the effects of exercise / no exercise
- Compare the effects of healthy food/drink and unhealthy

FIRST AND SECOND CLASSES – MYSELF

Content Objective:

- **BEGIN TO IDENTIFY THE MAIN PHASES OF THE HUMAN LIFE CYCLE**

Some suggested activities:

- Timeline using photos of themselves, parents and grandparents
- Use story / picture books e.g. Grandpa by John Burningham or Once there were giants in our house

FIRST AND SECOND CLASSES – MYSELF

Content Objective:

- **USE ALL THE SENSES TO BECOME AWARE OF AND EXPLORE ENVIRONMENTS**

Some suggested activities:

- Initiating observations in the outdoor environment
- Exemplar 11 T.G. p.62
- Sound / smell / touch / hearing walks in the school grounds
- Create palette (double sided tape) of plants with interesting textures,
- Interesting smells / various colours
- Identify and categorise smells outdoors
- Record/draw the number of things that smell like e.g. primrose, mint, honeysuckle, pine needles