

Unit 3: invasion games

LEARNING OUTCOMES

The student will:

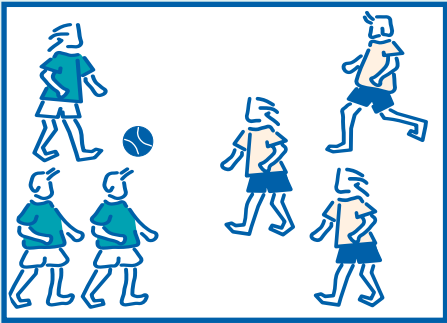
- identify the basic concepts and problems inherent in invasion games
- demonstrate an ability to make appropriate decisions regarding what to do and how to do it re: a) keeping possession and b) creating space.

EQUIPMENT

Ball(s), bibs, cones - ribbons / bibs for tails, cones, basket, circle drawn etc.

CLASS ORGANISATION

Basic: work in fours.

STAGE	CONCEPT	CONTENT / ACTIVITY	TEACHING POINTS
Warm up & stretching	Warm up	Select from warm up resource materials.	
Introductory activities	Energiser	Keep your tail (see resource materials).	Discourage rough play.
Development	<p>Invasion of space (width/depth/support/penetration) Appropriate attacking strategies. Working effectively as a team. Identifying and using appropriate defence strategies.</p> <p>Appreciating the importance of imposing rules and conditions. Maintaining possession of the ball. Working closely with team mates.</p> <p>Creating and using space.</p> <p>Regaining possession by:</p> <ul style="list-style-type: none"> • denying space. • winning the ball. 	<p>1. 3 v 3 invasion game</p> <ul style="list-style-type: none"> • Score by catching the ball over a specific line or within a specific area. • Given area. • No contact. • Keep score <p>2. 3 v 3 with agreed rules.</p> <ul style="list-style-type: none"> • no contact • no running with the ball • no kicking • start and restart with a throw-in from the sideline. 	<p>DECISIONS FOR TEAM IN POSSESSION <i>How do we keep possession?</i> <i>How do we score?</i> Go and see!</p> <p>DECISIONS FOR TEAM WITHOUT THE BALL <i>How do you get possession?</i> <i>How do you prevent opponents scoring?</i> Go and see!</p> <p>DECISIONS FOR TEAM IN POSSESSION Player with the ball. <i>How do you keep possession?</i> Look up. Shield the ball. Pass to a team-mate who is free, i.e., in a space. Select appropriate pass - long, short, bounce, high, etc.</p> <p>Player without the ball. <i>How can you help to keep possession?</i> By moving into a space. By signalling for a pass. By evading the opposition.</p> <p>DECISIONS FOR TEAM WITHOUT THE BALL <i>How can you regain possession?</i> By closing down space. By marking a player or a space. By intercepting a pass.</p>