

CAVING

MINOR OBJECTIVES

The student will:

- *demonstrate an understanding of the importance of safety procedures (note of cave location and Estimated Time of Return) and use of appropriate equipment (need for spare lights, first aid, and food)*
- *learn of the dangers of entering a cave alone and implement practices which ensures the group stays together*
- *identify the processes responsible for the formation of cave passages and some features*
- *outline the importance of cave environment conservation.*

MAJOR OBJECTIVES

The student will:

- *extend their knowledge and application of safety procedures to include use of the "call out system", use of personal cave bag, ammo box and comfort sack*
- *develop and apply their knowledge in the use of equipment required for caving*
- *demonstrate an awareness of the hazards that may be encountered in caves*
- *display an awareness of personal and group safety in the application of team skills*
- *extend their knowledge of cave conservation in defining the importance of sediments and cave life forms.*

SNORKLING (POOL WORK)

MINOR OBJECTIVES

The student will:

- *identify and demonstrate the correct use of snorkelling equipment*
- *display their ability to use finning technique, and appropriate procedures in clearing their mask and snorkel*
- *identify and demonstrate entries (there are five of these) and surface dives used in snorkelling.*

MAJOR OBJECTIVES

The student will:

- *demonstrate and explain the use of forward and backward rolls*
- *demonstrate their ability to snorkel with the mask on their forehead*
- *demonstrate their ability to fin underwater for 25m*
- *gain a basic competency in the recovery and refitting of equipment underwater.*