



TEACHER

Planning (block of work): **Athletics**

Syllabus Learning Outcomes:

- jump for distance and/or height
- throw for distance using modified as well as standard equipment
- display an understanding of the principles relating to the performance of athletic activities
- apply the safety procedures associated with participation in athletic activities
- demonstrate knowledge and appreciation of the rules governing participation in events (Level 2)

Rich Task:

In groups of 4 working together, plan, set-up and run a throwing and/or jumping and/or running event demonstrating an awareness of rules, safety and effective event management.

Learning Experiences:

The students will need to be provided with experiences in which they;

- work together in groups
- perform efficiently throwing, jumping and/or running activities
- measure and record accurately individual
- officiate in at least one event
- implement safe practices for athletic events
- analyse performance and set appropriate targets

Content:

- Throwing, jumping and/or running activities
- Analysing performance and set appropriate targets
- Measuring and recording individual scores.
- Officiating
- Monitoring safe practices in athletic activities
- Working together in groups

Challenge: Plan, organise, and take part in a class athletics meeting.

Assessment approaches and instruments:

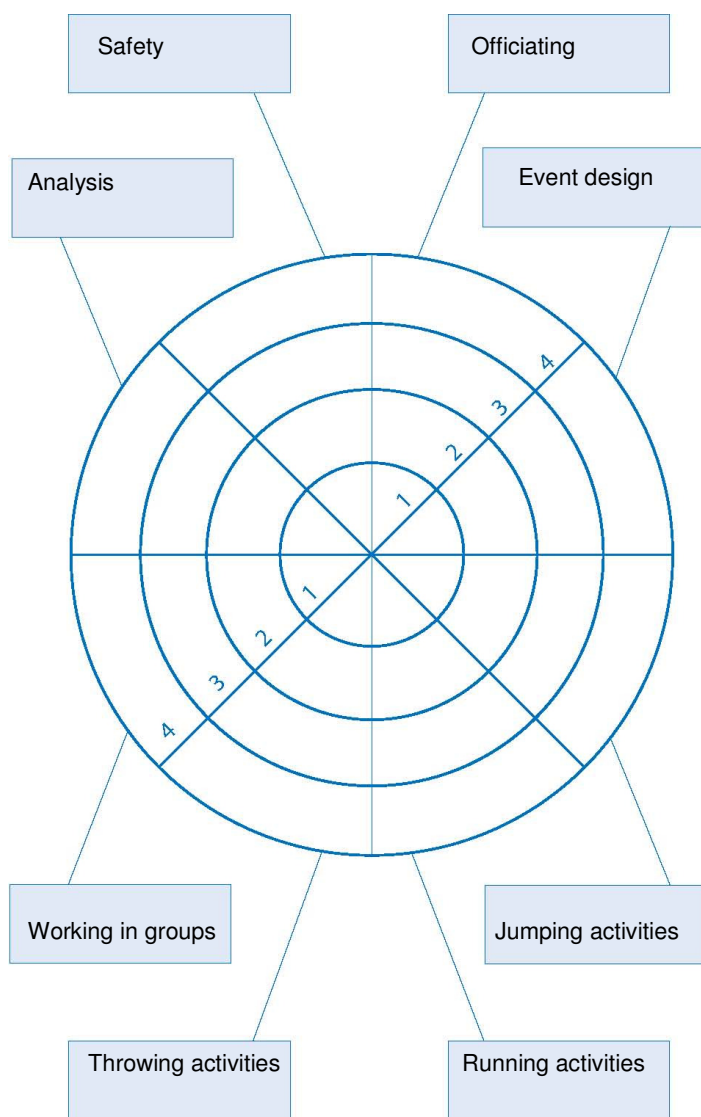
- Explain the challenge
- Share the learning intention & criteria for success within each lesson
- Focused questioning & observation
- Use feedback to inform learning
- My Learning: Steps
- Review of rich task/challenge

Equipment needed:

- Indoor javelins and shots
- Hurdles, Vertical jump boards
- Mats (gym, standing long jump, speed bounce)
- Batons
- 30 m tape / metre sticks, masking tape & stop watches
- Medicine balls
- Cones / benches / bibs / green & red flags
- Event templates & pencils
- Action for Life cards
- Assessment sheets
- Fist Aid kit

Student's Record of Learning

Name:	Class:	Date:
Area of study:		



1. I haven't started this yet
2. I can do this sometimes but I find it hard
3. I can perform this at a reasonable level most of the time
4. I can perform at a high level always

Challenge: Plan, organise, and take part in a class athletics meeting.
Student comment:
Teacher comment: