

Unit 3: Navigation / team challenges

**LEARNING
OUTCOMES**

The student will:

- *apply safety procedures when undertaking a team challenge*
- *identify an effective procedure when undertaking a team challenge*
- *recognise the main landscape features necessary to locate orienteering controls.*

EQUIPMENT

Control card, star event control maps, control punches, cones.

CLASS ORGANISATION

School grounds.

STAGE	CONCEPT	CONTENT / ACTIVITY	TEACHING POINTS
<i>Warm up</i>	<i>Safety</i>	<i>Team challenge Choose 2 from team challenge bank. (menu of activities pg. 46)</i>	<i>What are the potential dangers? What safety precautions are necessary? Ensure that students are alerted to hazards and are aware of each others safety.</i>
<i>Development</i>	<i>Participation in event – setting and thumbing</i>	<i>Star event Students visit 1 control only and return to base. Then they are allocated next control. If group is experiencing difficulty walk the group through star event. For more able students use different combinations and directions within the star and / or longer distances, more difficult control sites.</i>	<i>Assist less able students to draw maps and hang controls. Teacher remains at centre. All movement originates from here. Ensure map is set. See support material pg. 25</i>